





THE HOP

HEART OF PITSEA NEWSLETTER

SUMMER 2014

SUMMER FUN DAY

Following on from our successful fun day in August 2013, the Heart of Pitsea team are planning a bigger and better event for this summer. All members of the family are invited to attend this year's event which takes place on Saturday 30th August between 11 - 3pm at Winifred Rd Open Space near Chalvedon shops. Everything will be free including activities such as bouncy castles, face painting, giant jenga, circus skills, arts and crafts. We are also hoping to have live music, performers and local dance troupes. So bring along a picnic and enjoy the day.

ELM GREEN PLAY AREA

We are happy to announce our first major project for the Heart of Pitsea. Working in collaboration with Environmental Champions and Basildon Borough Council we are refurbishing the Elm Green play area which has been in a poor state of disrepair. The brand new facilities will include modern play equipment suitable for families. After consulting with local residents we are improving the basketball area by making the fences higher as this has been identified as a need.

The Heart of Pitsea plan to continue making improvements for the community including a range of activities, workshops and events.

"I'm looking forward to the fun day in August. We had a great family day out last year"

Dave

"I've enjoyed the coffee mornings and like being asked my views about where I live"

Ann









Basildon and Brentwood Clinical Commissioning Group



PITSEA REGENERATION

VINCI UK is the company working on the Regeneration programme in Pitsea. They recently presented plans relating to employment at a Recruitment Fair being run by Basildon Borough Council. Their attendance at the Fair was intended to raise awareness about employment and job opportunities within the Borough. VINCI UK are also collaborating with Prospects College as part of the newly formed Contractor's Forum, which aims to bridge the skills gap through training schemes and site-visits. The planned 21-week Ground Up Programme will engage with students learning construction so that they see first-hand what a real build is like at all the various stages. The company employs local contractors and workers whenever possible. They are currently constructing a 120-space car park to coincide with the opening of the new Aldi supermarket in Pitsea which opens on 10th July.



Contact Us

Get in touch for more information. We are keen for community members to contribute to our newsletters in the future. If you are interested please get in touch.

Heart of Pitsea

hello@heartofpitsea.co.uk (07872) 001671

Visit us on the web at www.heartofpitsea.co.uk

ESSEX CARERS SUPPORT

Are you a Carer? Do you support a relative or friend who is elderly or has a disability and who can't manage without your help? Do you need up to date advice, information and support to find out what help is available? Essex Carers Support is there to help unpaid family carers to have choice and control in their lives. They can help you get the support you need to allow you a life of your own. Call them on 01255 474410 or email:

admin@essexcarerssupport.org.uk



The Community Organiser's would like to welcome two new Community Organisers to Pitsea. Amanda Clare is based in Pitsea North West and Jacqui Skinner in Pitsea South East. "We are really looking forward to meeting the community and listening to the views of local residents; to work alongside you with the aim to improve community life".

The Community Organisers scheme is a national training programme in community organising and a grass-roots movement for social action. Organising is the work of building relationships in communities to activate people and create social and political change through collective action.

If you would like to share your opinion and vision of where you live do contact us:

Amanda Clare

(07834) 769930

Jacqui Skinner

(07834) 769990





Since its launch in July, 2013, *Grab Some Greens – Help Your Health*, our healthy eating project, has been working with Children's Centres across Basildon and partnering with their Fun With Under 5s sessions.

The project is part of a consortium of schemes funded through the Big Lottery and managed by Enable East. Grab Some Greens focuses on to helping individuals and families add more fruit and vegetables into their diets through quick, simple recipes and affordable ingredients – with free vegetables handed out at sessions.

At the free-play under-fives sessions, whilst their children play, the parents and carers have a chance to talk to the Grab Some Greens advisor and get some healthy eating tips, free vegetables and recipe cards with simple cooking tips and recipes to try.

The Children's Centre Staff said 'it is great that the Grab Some Greens team come in to the sessions to speak to parents, as it is so important they get their children eating healthily at this early age.'

One parent commented on the project that is has been great to get new ideas, in particular one that one of the recipes had been a real success with her two year old: 'He loves broccoli and we often have it with our dinners on the side, but it hadn't occurred to me to use it in macaroni cheese. It went down really well and has now become a family favourite!'

If you have a group that would like to host a Grab Some Greens session please contact the team at grabsomegreens@groundwork.org.uk.

COMMUNITY SPOTLIGHT

Pitsea groups share in £33,950 grants windfall from Community First

JCK Boys Club is one of 11 groups in Pitsea sharing a grants windfall from Community First.

The small grants panels for the Pitsea wards have awarded a total of £4500 to the JCK Boys Club to establish boys club in the Pitsea area. The new club will give an opportunity to boys aged 11-16 to partake in many different activities and community based activities/events. They will have the opportunity be involved in organising activities and building self-esteem. Founder and Coordinator Jordan Fairchild explained, "The money will enable us to counteract problems such as crime and anti-social behaviour by giving young people a place to socialize and meet other young people. We have support from Basildon Council and EABGC.

We will run initially once a week, 7-9pm and be based at The Place every Wednesday providing many activities (Pool, Table Tennis, Boules, Excursions, etc). Getting active is another key aspect of our club and helps promote Good health and wellbeing for all involved".

COMMUNITY Update



Pitsea Junior School is 105 years old this year!

It is a vibrant, lively school. Please check out their website at www.pitseajuniorschool.com.

They are proud to have gained the national Artsmark Award recently - showing their art, drama and dance is at a high standard.

All visitors are welcome to go and visit on Tuesday 15th July from 3:15 - 4:30pm.



19 July - 3 September in all Essex Libraries

By reading or sharing books, children will earn stickers, a certificate and a Mythical Maze medal. Bring your smartphone or tablet to the library, seek out hidden creatures and watch them move.

Children aged 10 and over can join a new summer activity called ImagiNation discovering new worlds and creating their own designs to share with others.

For more information go to www.essex.gov.uk/libraries

Discover some amazing mythical creatures in Essex Libraries this



Can You Spot the Differences?

There are 15 differences. Can you spot at least 10?





